



ERIK FUHRER, PH.D, MFA

Creative Coaching

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Sample Packages

if you choose any of the below, we can always adjust the focus of the sessions as we go to include other pathways and goals. We can also create a custom package during our initial 30-minute free consultation.

Harnessing Procrastination

Our culture teaches us that procrastination is a bad thing. And it can be. But it can also be part of the creative process. In our sessions, I will help you learn to navigate your procrastination and learn how to mitigate it when needed but also how to learn to accept it and use it to your benefit. Sometimes procrastination is just creative marination.

Creative Coaching for “Non-Creatives”

We will discuss your creative and professional goals and engage in in-session creative exercises to help you more deeply explore different paths and diverse ways of manifesting your desires.

Developmental Editing and Critique

We can always dedicate any session to commentary and critique of work, especially if you have a large body of work you want feedback on.

Rates

Hourly, monthly, and custom package rates are all available.